

CERTIFICATE ACHIEVEMENT LEVELS AS AT MAY 2010

Level 1 Babies	<p>I know I'm about to go under water</p> <p>I can hold onto the wall by myself for 5 seconds</p> <p>3 sec swim</p> <p>5 sec swim</p> <p>7 sec swim</p>	Level 8	<p>25m freestyle</p> <p>25m backstroke</p> <p>12.5m survival backstroke</p> <p>12.5m breaststroke</p> <p>6m sidestroke kick</p> <p>6m butterfly</p> <p>50m swim</p> <p>Level 8 SAFETY</p> <p>Level 8 ENTRIES</p> <p>Hacky - 500m</p>
Level 2	<p>Pull myself to safety</p> <p>I can be pulled to safety with a variety of equipment</p> <p>I can hand walk around the pool to safety</p> <p>Spider finger across ledge</p> <p>I can enter and exit the pool safely</p> <p>I can climb out by myself</p> <p>I can put my face in the water</p> <p>open eyes</p>	Level 9	<p>50m freestyle</p> <p>50m back</p> <p>25m survival backstroke</p> <p>25m breaststroke</p> <p>6m sidestroke</p> <p>12.5m butterfly</p> <p>100m swim</p> <p>Level 9 SAFETY</p> <p>Level 9 ENTRIES</p> <p>Hacky - 600m</p>
Level 3	<p>rocketship</p> <p>front balance [jellyfish]</p> <p>starfish [back balance]</p> <p>I trust buoyancy in all depths of the pool</p> <p>I can be thrown away and return to a safe place</p> <p>Level 3 SAFETY</p>	Level 10	<p>100m freestyle</p> <p>100m back</p> <p>50m survival backstroke</p> <p>50m breast</p> <p>25m butterfly</p> <p>12.5m sidestroke</p> <p>Level 10 SAFETY</p> <p>Level 10 ENTRIES</p> <p>Hacky - 800m</p>
Level 4	<p>I can swim to the wall by myself and hold on</p> <p>humpty dumpty</p> <p>I am a good listener</p> <p>I can wait and show ready</p> <p>6m swim</p> <p>Level 4 SAFETY</p>	Squad Beg	<p>25m Sidestroke</p> <p>50m Sidestroke</p> <p>100m survival backstroke</p> <p>50mfly</p> <p>100m Individual Medley</p> <p>SQUAD SAFETY - BEG</p> <p>Hacky - Beg 1km</p>
Level 5	<p>Rollover</p> <p>6m swim Front</p> <p>6m swim on side</p> <p>6m back swim</p> <p>6m survival backstroke arms</p> <p>6m breaststroke (arms)</p> <p>12.5m swim</p> <p>Level 5 SAFETY</p>	Squad Adv	<p>100m freestyle with turns</p> <p>100m backstroke with turns</p> <p>100m breast</p> <p>100m sidestroke</p> <p>100mfly</p> <p>SQUAD SAFETY - ADV</p> <p>Hacky - Adv 1.5km</p>
Level 6	<p>I blow bubbles as I swim</p> <p>6m freestyle</p> <p>6m backstroke</p> <p>6m survival backstroke kick</p> <p>6m breaststroke kick</p> <p>6m butterfly kick</p> <p>25m swim</p> <p>Level 6 SAFETY</p> <p>Level 6 ENTRIES</p> <p>Hacky - 300m</p>		
Level 7	<p>12.5m freestyle</p> <p>12.5m backstroke</p> <p>6m survival backstroke</p> <p>6m breaststroke</p> <p>6m sidestroke arms</p> <p>6m Butterfly arms</p> <p>Level 7 SAFETY</p> <p>Level 7 ENTRIES</p> <p>Hacky - 400m</p>		